



Nishnawbe Aski Nation

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Nishnawbe Aski Nation Youth Gathering

HEALTHY LEADERS FOR HEALTHY FUTURES

hosted by Oshkaatisak Youth Council

FEB 15-17, 2019



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Derek Fox
Deputy Grand Chief

BOOSHOO! WACHEAY! WELCOME!

To the Annual Nishnawbe Aski Nation Youth Gathering where we bring in over 100 youth from across the NAN territory. I hope you will take this opportunity to learn, have fun, make new friends and maybe find a doorway into your future.

The theme this year is: “Healthy Leaders for Healthy Future”. As the Deputy Grand Chief responsible for the Youth Portfolio I consider myself a Healthy Leader and I take this role very seriously. As the father of two young boys I understand the importance of healthy role models. I have dedicated a good part of my second term as Deputy Grand Chief to laying the foundation today for a healthy future for the Youth of NAN.

Throughout the 3 days that you are here you will see and hear from a number of different people. These are people who follow their dreams and they will show you how they continue to make their dreams come true.

You will learn about some of the issues that NAN is working on for a better today for you all. Very important Issues such as, Health Transformation, Housing and Education. You will learn about NAN's involvement in the development and the importance of reclaiming our languages.

Your voice is very important to my leadership and so I hope to hear from you about your dreams and your goals throughout the three-day conference.

Have Fun! Learn! Grow!



From the Oshkaatisak Youth Council:

We would like to welcome you all to the Annual Nishnawbe Aski Nation Youth Gathering. Last year, our theme was based around Hope, and ways we can use Hope to light our way in darkness. This year we have chosen the theme "Healthy Leaders for Healthy Futures."

The agenda that was created reflects our goals and objectives for the week; to create Healthy Leaders for Healthy Futures. These workshops were specifically created to reach all for areas of our wellbeing; mental, physical, spiritual and emotional. We encourage you all to take part in the activities and sessions that are planned throughout our time together. Take this time to branch out of your comfort zone - meet new people, try new things, and most importantly have fun.

It is our understanding that some topics may be triggering, and to make sure that you feel comfortable we have some wellness supports throughout the weekend. If at any time you begin to feel uneasy, scared, nervous, or just need somebody to sit down and talk to, do not hesitate to reach out. We want to make sure that this is a safe and secure environment for everybody to enjoy.

It is always our honour to be in the presence of NAN Youth, and we are very grateful to have you all here attending this gathering. We have been looking forward to this event for a long time and are very excited that it is finally here.

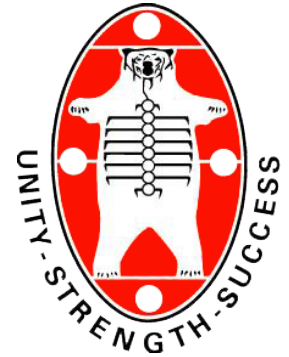
You are all leaders. We hope that you go home feeling confident, strong and that you all strive to be the best leaders you can be.

Oshkaatisak

Background & Overview

Background:

The annual Nishnawbe Aski Nation Youth Conference is held every year usually in February for the Youth of Nishnawbe Aski Nation. This is an opportunity for over 100 Youth from the NAN Territory to come together to learn, provide feedback, engage with others and make new or re-establish networks/friendships.



Overview:

What takes place at the Nishnawbe Aski Nation Youth Gathering is largely based on the evaluations that the Youth fill out each year. Information is drawn from the evaluations as to what Youth like and want to see more of at each subsequent gathering. Through the work of the Oshkaatisak Youth Council the theme for this year's gathering is "Healthy Leaders for a Healthy Future". From cultural teachings to public speaking, Youth will be introduced to a variety of workshops and presentations where the NAN is currently involved that will set the foundation for a healthy future. Other activities will involve cultural teachings which the Youth always request to gain more understanding of their identity which helps develop leadership qualities. The keynote speakers are from a multitude of backgrounds and will share their experiences they will explain what life is like pursuing their dreams they are leaders in their own right. The gathering will have a little something for everyone.





BRENT EDWARDS

Emcee

Brent Edwards, an optimist and innovative approach to helping your group grow and is accredited with an innovative approach to delivering his workshops. By getting the people involved in a positive approach is what Brent is all about.

Interactive and informative sessions provide the participant the comfort to grow and learn. Having been raised in a remote community and a Large Urban Center, Brent understands the unique

needs of participants. By captivating his audience from the get-go, he works with the dynamics of each participant and allows them to be confident in being at your event.

A proud father of 4 children and grandfather of 2, he values and respects each individual and supports growth and encourages active participation.

Brent was part of a comedy group from his community for ten years. With the group he has travelled to several communities across the province. The highlight came when the group was featured on wawatay's Eshuy Show. Which broadcasted nationally on APTN in 2006.

Brent attended school at Canadore and Northern Colleges in Radio broadcasting and Business Marketing and received his Business Management Certificate through Northern. Brent also attended Nipissing University and received his Teacher Diploma and was the Class Valedictorian for his peers in 2013 and is a Certified Ontario Teacher with Ontario College of Teachers.

In 2013, he was presented with the Youth Entrepreneur of the year from Nishinawbe Aski Development Fund.

In 2006, Brent started working as a Youth Worker for Peetabeck Health Services and discovered his talent as an M.C. and facilitator, from that point on he has been working to fulfill his goals and aspirations with Mooselegs2.

Interactive and informative MC sessions provide the participant the comfort to grow and learn.

Mooselegs2 Brent Edwards is dedicated to the growth and encouragement of the individual. By providing positive messages, encouraging workshops, and guidance, ML2 works with your group of people and brings the message of feeling great about yourself, and having the freedom to express each thought. This approach, although simple and pure, gives your participant the chance to grow ~ feel confident ~ and shine on!

Moose Legs are the strongest part of this majestic creature's frame ~ holding that body up and head high...Mooselegs 2 your support for your event!

Brent Edwards

Thursday

Feb 14, 2019

| Travel Day | | |
|-------------------|------------------------------------|---|
| 3:30 PM - 4:30 PM | REGISTRATION <i>Hotel Lobby</i> | OSHKAATISAK MEET & GREET <i>Kaministiquia</i> |
| 4:30 PM | | SACRED FIRE LIGHTING <i>Outside</i> |
| 5:30 PM - 6:30 PM | | SUPPER <i>Kaministiquia</i> |
| 7:00 PM - 9:00 PM | | EVENING ACTIVITY <i>Kaministiquia</i> |

Friday

Feb 15, 2019

| | | |
|-------------------------------------|---|--|
| Sunrise | SUNRISE CEREMONY <i>Outside</i> | |
| 8:15 AM - 9:00 AM | BREAKFAST & REGISTRATION <i>Kaministiquia</i> | |
| 9:00 AM - 10:30 AM | OPENING CEREMONIES AND WELCOME <i>Kaministiquia</i> | Emcee Brent Edwards |
| | | Opening Prayer and Song Welcoming Remarks from the Oshkaatisak Council Dignitary Addresses |
| 10:30 AM - 10:45 AM | Nutrition Break <i>Kaministiquia</i> | |
| 10:45 AM - 12:00 PM | Cyber Bullying Cst. Melanie Holley, NAPs <i>McGillivray</i> | |
| | Nishnawbe Aski Nation Health Transformation Process NAN Health Transformation Team <i>Amethyst</i> | |
| | Drug Prevention Detective Constable Cory Roberts, NAPs <i>Pointe du Meuron</i> | |
| 10:45 AM - 12:00 PM <i>con't</i> | Urban Living Student Transition Angela Benedict, NAN <i>McKenzie</i> | |

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|--------------------|--|
| 12:00 PM - 1:00 PM | Lunch <i>Kaministiquia</i> |
| 1:00 PM - 2:30 PM | KEYNOTE - Goals and Dreams: Making your Visions a Reality Earl Lambert <i>Kaministiquia</i> |
| 2:30 PM - 2:45 PM | Nutrition Break <i>Kaministiquia</i> |
| 2:45 PM - 4:15 PM | Traditional Medicines Tom Chisel <i>McGillivray</i> |
| | Women's Teachings Laura Calmwind <i>Amethyst</i> |
| | Men's Teachings Sam Achneepineskum <i>Pointe du Meuron</i> |
| | Rites of Passage Touchan Fiddler, NAN <i>McKenzie</i> |
| 4:15 PM - 4:30 PM | Break |
| 4:30 PM - 5:30 PM | SUPPER <i>Kaministiquia</i> |
| 5:30 PM - 6:00 PM | Prepare for POWWOW |
| 6:00 PM - 9:00 PM | POWWOW Host Drum: Nishnawbe Aski Nation MC: Clyde Moonias <i>Kaministiquia</i> |

Saturday

Feb 16, 2019

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|--------------------|---|
| Sunrise | SUNRISE CEREMONY <i>Outside</i> |
| 8:15 AM - 9:00 AM | BREAKFAST & REGISTRATION <i>Kaministiquia</i> |
| 9:00 AM - 9:30 AM | GATHERING Recap of Day 1 & Opening of Day 2 Brent Edwards <i>Kaministiquia</i> |
| 9:30 AM - 10:30 AM | OSHAATISAK COUNCIL PRESENTATIONS AUSTRALIA AND OTTAWA Erickson Owen <i>Kaministiquia</i> |

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|---------------------|---|
| 10:30 AM - 10:45 AM | Nutrition Break <i>Kaministiquia</i> |
| 10:45 AM - 12:00 PM | Living Confidently Earl Lambert <i>McGillivray</i> |
| | Keeping Our Language KOBE - Kinawentan Kitanishiniimowin Sarah Johnson <i>Amethyst</i> |
| | NAN Housing Strategy Overview and Youth Perspectives Jeffrey Herskovits & Courtney Kaupp, Ryerson Mike McKay, NAN <i>Pointe du Meuron</i> |
| | Healthy Lifestyle Choices Peter Sackaney, NAN <i>McKenzie</i> |
| | Human Trafficking Collin Graham <i>Kaministiquia</i> |
| 12:00 PM - 12:45 PM | Lunch <i>Kaministiquia</i> |
| 12:45 PM - 2:00 PM | KEYNOTE Stan Wesley <i>Kaministiquia</i> |
| 2:00 PM - 2:15 PM | Nutrition Break <i>Kaministiquia</i> |
| 2:15 PM - 3:45 PM | Tobacco as Traditional Medicine Teachings Tom Chisel <i>McGillivray</i> |
| | Sacred Water Teachings Laura Calmwind <i>Amethyst</i> |
| | Sweat Lodge Teachings Sam Achneepineskum <i>Pointe du Meuron</i> |
| | Nishnawbe Aski Nation Drum NAN Drummers <i>Kaministiquia</i> |
| 3:45 PM - 4:15 PM | Keynote Autumn Peltier <i>Kaministiquia</i> |
| 4:15 PM - 5:30 PM | GALA PREPARATION |
| 5:30 PM - 10:30 PM | GALA DINNER Keynote - Adrian Sutherland Dance <i>Kaministiquia</i> |

Sunday

Feb 17, 2019

| | |
|---------------------|---|
| Sunrise | SUNRISE CEREMONY <i>Outside</i> |
| 8:15 AM - 9:00 AM | BREAKFAST & REGISTRATION <i>Kaministiquia</i> |
| 9:00 AM - 9:30 AM | GATHERING Recap of Day 2 & Opening of Day 3 Brent Edwards <i>Kaministiquia</i> |
| 9:30 AM - 10:30 AM | Language Teaching - Teepee Anna Marie Kakegamik, NAN <i>McGillivray</i> |
| | Creative Movemnet Gloria Ranger <i>Amethyst</i> |
| | Using Sport to Heal Corey Wesley <i>Pointe du Meuron</i> |
| | Walking With Our Sisters Joyce Hunter & Sheila Demerah <i>McKenzie</i> |
| 10:30 AM - 10:45 AM | Nutrition Break <i>Kaministiquia</i> |
| 10:45 AM - 12:30 PM | Language Teaching - Teepee Anna Marie Kakegamik, NAN <i>McGillivray</i> |
| | Language Within Traditional Teachings Sam Achneepineskum <i>Pointe du Meuron</i> |
| | Snowshoeing Fern Chisel, NAN <i>Outside</i> |
| | Walking With Our Sisters (con't) Joyce Hunter & Sheila Demerah <i>McKenzie</i> |
| 12:30 PM - 1:15 PM | Lunch <i>Kaministiquia</i> |
| 1:15 PM - 2:30 PM | KEYNOTE Mary Spencer <i>Kaministiquia</i> |
| 2:30 PM - 4:00 PM | CLOSING CEREMONIES Closing Prayer and Song Closing Remarks <i>Kaministiquia</i> |

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|-------------------|--|
| 5:00 PM - 6:00 PM | SUPPER <i>Kaministiquia</i> |
| 7:00 PM - 9:00 PM | KARAOKE <i>Kaministiquia</i> |

Monday

Feb 18, 2019

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|-------------------|--|
| 8:15 AM - 9:00 AM | Breakfast <i>Kaministiquia</i> |
| Travel Day | |

Elders

Morris Naveau

Morris is considered a “young at heart” elder. Morris’s gifts are that he is warm, caring and a kind man who sees the beauty in everyone. He can be seen around the room ensuring everyone feels safe and welcomed.

Laura Calmwind

Laura has been learning her whole life and is passing down information that she was taught by Elders. She uses a great mixture of humour and wisdom to teach a variety of topics. Her workshop about Women’s Teachings will provide a foundation of women’s gifts and skills/tools for young girls and women to call upon throughout their lives.

Tom Chisel

Tom will provide teachings about traditional uses of medicine that are native to where people live. So, using the land and resources that you can find in the bushes and lands all around us.

Sam Achneepineskum

Sam is an elder who quietly and gently passes knowledge down through his deep comforting voice. He is a Sweatlodge leader and traditional man who has spent a lot of his younger life living off of the land utilizing the gifts passed down to him by his elders.

Keynotes

KEYNOTE: GOALS AND DREAMS: MAKING YOUR VISIONS A REALITY

Friday, February 15th, 2019
1:00 – 2:30 pm

EARL LAMBERT

*Motivational Speaker and
Inspirational Storyteller*

Earl Lambert is a Cree/Métis motivational speaker and inspirational storyteller, who's dynamic and entertaining way of combining music, magic, hip-hop and humor with inspirational life-lessons has made him popular across Canada.

Earl's a certified Life-Coach who attended the University of BC, where he majored in General Business. A successful entrepreneur, he is currently the CEO and President of PROUD TO BE Apparel, a popular clothing line that continues to sell across the world. Driven by his passion to motivate others toward making positive life choices and living out their dreams, he remains committed to inspiring others with the gift of his words!



KEYNOTE:

Saturday, February 16th, 2019
12:45 – 2:00 pm

STAN WESLEY

National Speaker

Stan was born and raised in Moose Factory, Ontario, a Cree community on the south coast of James Bay. He is proud of the good reputations he has built



over the last 30 years, engaging and entertaining audiences across the nation with his unique style of fun and in-depth presentations, keynotes, emcee and facilitation services. He truly loves what he does, and it shows with the energy he brings to every engagement regardless of whether it is a group of 4 or 23,000. Through his work, Stan channels his ancestors and loves telling stories.

Stan now resides in Toronto with his beautiful wife, Mandy and their incredible daughters, Maya and Tenona. Sometimes he is on the road way too much but makes the best of the time he has with his family.

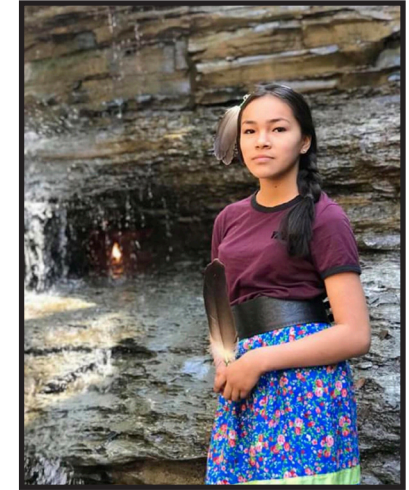
KEYNOTE:

Saturday, February 16th, 2019
3:45 – 4:15 pm

Autumn Peltier

*Being a Voice for the Future and
Standing up for Our People*

Autumn is 14 years old and from Wiikwemkoong Unceded Anishinawbe Territory located on Manitoulin Island, she is also known as Mskwaa-Geezo Kwe (Red Moon Woman) of the eagle clan. Autumn is currently in grade 9 and attends the Manitoulin Secondary School. Autumn is being raised with her traditional ways, so she can pass our teachings onto her great grand-children to pass on the old ways and to protect our environment to ensure there is clean drinking water for our survival.



Autumn is known one of Canada's youngest Water Activists and has become internationally known for her advocacy work and teachings to young girls and women. She began her work in 2015 when she first attended the Children's Climate Summit in Sweden where she shared her story about the sacredness of water and the importance of clean drinking water for Indigenous people in Northern Ontario and in Canada. Since then Autumn has been creating awareness, sharing water ceremonies with young women and girls, participating in water walks that she learned from her great auntie Josephine Mandamin who began the Great Lakes water walks before Autumn was born. Autumn has travelled over 150000km's and spoken at over 200 engagements all over Canada, the USA and over-seas. She also speaks on committees dealing with the Great Lakes, women's circles, youth groups, schools, ceremonies, and countless conferences. Her biggest event was speaking before world leaders on World Water Day March 2018 at United Nations Headquarters in New

York City where she told world leaders to “Warrior Up”. Autumn is also a spokesperson for the Treaty Alliance of Canada and has been to the Kinder Morgan pipeline to protest against pipelines. In 2017 Autumn also was invited to witness leadership sign a treaty to protect the grizzly bears against the Kinder Morgan Pipeline and then was invited as a future Chief to sign the Treaty as well. Autumn was also awarded a Sovereign Medal of Exceptional Volunteerism and for being an exceptional Environmentalist by the Lieutenant Governor of Ontario and the Governor General of Canada. Autumn has won several awards for a young age, she’s been in several magazines, and in books, school curriculum, given keynote addresses and was recently added to Immigration Canada’s information for new Canadians to know Indigenous people and cultural education. Autumn takes pride in her culture, ceremony and enjoys working with her people. Autumn’s resume is pages for such a young person and her journey is only the beginning.

GALA KEYNOTE:

*Saturday, February 16th, 2019
5:30 pm*

ADRIAN SUTHERLAND

Adrian Sutherland comes from the isolated community of Attawapiskat on the James Bay, and is a musician, songwriter, and frontman for Midnight Shine – one of Canada’s most important emerging bands. Midnight Shine seamlessly mixes roots, classic and modern rock with touches of Mushkegowuk Cree, giving a glimpse of life into the Far North. Setting Midnight Shine apart from other bands is the depth of Adrian’s exploration of his First Nations’ identity. In fact, it’s usually the first thing that gets someone’s attention. What keeps it, though, is the depth of talent they discover soon after.

Beyond making contemporary music, Adrian is a knowledge and language keeper of his Cree people of the James Bay. He teaches his children (and other youth) traditional ways out on the land, participates in annual harvests, takes part in (and often leads) ceremonies, and is a genuine example of someone who lives authentically. He is a father, grandfather, and hard-working husband, proud of who he is and where he comes from.



KEYNOTE:

*Sunday, February 17th, 2019
1:15 – 2:30 pm*

MARY SPENCER

Mary Spencer is Anishinaabe from Neyaashiinigmiing. She was born in Warton, ON and spent most of her life living in Windsor, ON. At the age of 16, Mary began boxing at the Windsor Boxing Club. In 2004, she won her first Canadian Boxing Championship in the welterweight division and remained on the Canadian Boxing Team for 9 years. During that time, Mary won 8 Continental Championships including the Pan Am Games, 3 World Championships (in two divisions), and in 2012 she became the first woman in Canada to compete in boxing at the Olympic Games, which were held in London, U.K. In 2018, Mary helped open the Kashechewan Boxing Club in Kashechewan First Nation, which is a recognized club with Boxing Ontario. She is currently competing with the Canadian Boxing Team and hopes to earn a spot on the 2020 Olympic Team.



